Reishi has active ingredients that inhibit the production of cholesterol in the liver by blocking an important step in cholesterol biosynthesis.

Increase in circulating cholesterol has been linked to an increase in blood pressure as well as an increase in the development of atherosclerotic plaques. Thus, one of the keys to healthy heart management is lowering the circulating cholesterol. While Statin drugs are the popular choice, their side effects are numerous.

Nestle did a research investigating the ability of Reishi to reduce circulating cholesterol. The study showed that oxygenated sterols inhibited cholesterol biosynthesis via conversion of lanosterol to lathosterol. These 26-oxygenated sterols could lead to novel therapeutic agents that lower blood cholesterol.


HELPS KEEP THE KIDNEYS HEALTHY

Reishi suppressed the endothelial cell cytotoxicity in fourteen patients diagnosed with focal segmental glomerulosclerosis (FSGS). This indicates that Reishi helps improve the overall health of kidneys that are already stressed with inflammation.

Reishi helped restore immunocirculatory balance and successfully suppressed proteinuria in all of these 14 patients. One of the mechanisms is prevention of inflammation as well as vasodilation.


HELPS LOWER BLOOD PRESSURE

One clinical test involving mice with congenital hypertension resulting frequent incidences of brain hemorrhage. These mice were divided into two groups where one group was given a Reishi preparation daily (concentration of 100 mg/Kg) for 2 week period. The other group did not receive the Reishi treatment.

Blood pressure measurements were recorded over the two week period. The results showed that there was a rapid decrease of the blood pressure immediately following Reishi administration in the initial 5 hours.

Then it gradually tapered and steadied for the next 14 days. Total decrease is 20%. This shows Reishi’s efficacy in controlling hypertension.


HELPS LOWER BLOOD SUGAR LEVELS

A double-blind, randomized, multi-center study evaluated the efficacy and safety of the Polysaccharide extract of Ganoderma lucidum in 71 patients confirmed with Type II Diabetes Mellitus. Half of the group was given the Reishi extract and the other half received placebo for 12 weeks. After 12 weeks, all of them were evaluated for the signs of change.

After 12 weeks, the group that received the Reishi extract showed SIGNIFICANT reduction of their glycosylated hemoglobin A1c, fasting and plasma glucose levels while the group that received the placebo had NO CHANGE or even a slight increase in all the parameters tested. The extract was also well tolerated.


HELPS IMPROVE IMMUNE SYSTEM RESISTANCE

Reishi polysaccharides enhances the immune system of mice with very low immune resistance levels. It accelerated the recovery of the bone marrow, white and red blood cells of mice treated with anti-cancer agents within 5 to 12 days.

This study showed how even immuno-compromised mice benefitted from the polysaccharide extract of Reishi by acceleration the reproduction of the white blood cells after they were wiped out by chemotherapeutic drugs. This is valuable for patients’ recovery after a bout of chemotherapy.


HELPS ALLEVIATE BRONCHIAL ASTHMA

Ganoderma has been proven to alleviate the inflammation in the mucosal lining of the bronchi and alveoli during asthmatic attacks. Bronchial asthma is a result of the constriction of the bronchial muscles and the inflammation of the bronchial lining. These changes result in restricted flow of air in and out of the lungs.

Supplementation with Reishi has been shown to decrease the infiltration of the inflammatory cells into the lining. This reduced inflammation and improved air flow.


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Reishi is an ancient herb considered as Asia's number ONE... its most revered secret.

Called the "Herb of Deathlessness" in the past, the red mushroom has more than 4,000 years of history. As far back as the First Emperor of Chin, the Great Emperor Chin fell in love with the mushroom for its vaunted ability to make any one that feeds on it... IMMORTAL.

Oriental medicinal arts revered this mushroom as sacred. Its so-called magical powers made it a well-sought after herb. Expensive and rare, the red mushroom was excluded from the masses for years and became the exclusive use of royalty. The monicker : the "HERB OF THE KINGS" was aptly applied to this royal herb.

For centuries, traditional healers have classified the red Reishi as "superior" in its ability to heal and its flexible application. In China, the red mushroom is called LING ZHI : the gift of the divine to energize the CHI. In Japan it is known as REISHI: the spirit that plants give.

Botanists gave it the name, *Ganoderma lucidum* to reflect the bright and shiny appearance and texture of the mushroom's fruit body. A fungus or polypore by classification, Reishi is a wood decomposer and draws all the energy of dying trees in the forrest.

Today, REISHI is one of the most well-studied medicinal herbs and is a main-stay in many alternative therapeutic programs.

Mighty Dove Global’s

**RED REISHI**

**RED REISHI ...**
Is the Pure Extract of the FRUIT BODY and the CRACKED SPORES of Reishi
Contains 200 mg of the extract in every capsule
Each bottle has 60 capsules
For health maintenance, we recommend 2 capsules a day, one in the morning and another at night.
For chronic illnesses, we recommend 4 capsules a day.
No preservatives, no additives.

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